

Proforma No. _____

Diagnosis: _____

GUJARAT AYURVED UNIVERSITY, JAMNAGAR

NAME OF COLLEGE _____

DEPARTMENT OF SHALAKYA TANTRA

CASE RECORD PROFORMA

Name of the patient:.....

Age:.....Gender:.....Occupation:.....

Address:.....

OPD No. :.....IPD No.:.....Bed No.:.....

Date of Admission:.....Date of Discharge:.....

Diagnosis:.....Status at Discharge:.....

Pradhana Vedana Avadhi Sahit (Chief complaints with duration):

Sr. No.	Chief complaints	Severity	Duration
1			
2			
3			
4			
5			

Vedanavrutta (History of present illness):

Poorvavyadhivrutta (History of past illness):

Medical History:

Surgical History:

Current medication:

Vyaktigatavrutta (Personal History):

1. Ahara (Diet): Samish/Niramish/Mix
2. Nidra (Sleep): ___ Hrs/ Night ___ Hrs/ Day
3. Malapravrutti: ___ Times/Day
4. Mutra Prvrutti: ___ Times/Day ___ Times/Night
5. Vyasana (Habits): Smoking/Alcohol/Tobacco/Pan masala/Other/No habit
6. Asatmya:
7. Kshudha (Appetite): Very good/Average/Poor
8. Agni: Abhyavarana Shakti: Pravara/Madhyama/Avara
Jarana Shakti: Pravara/Madhyama/Avara
9. Artava (Menstruation):

Kulavrutta (Family History): Mother/Father/Brother/Sister/Son/Daughter/Husband/Wife/Others**Rogi Pariksha (General Examination of the patient):**

1. Nadi:
2. Mutra (Urine): Prakrut/Vikrut
3. Mala (Stool): Sama/Nirama
4. Jihva (Tongue): Sama/Nirama
5. Shabda (Voice): Prakrut/Vikrut
6. Sparsha (On touch Temperature/Texture etc.): ushnUshna/Sheeta/Samanya
Khara/Snigdha
7. Druk (Eyes): Prakrut/Vikrut
8. Akroti (Body built up): Sthoola/Madhyama/Krusha
9. Prakriti (Constitution): Sharira: V/P/K/VP/VK/PK/VPK Manasa: Satvika/Rajasika/Tamasika

Vital Data:

1. BP: _____ MM/Hg
2. Pulse: _____ /Minute
3. Temperature: _____ °F
4. Respiration: _____

Netra Pariksha (Examination of Eye):

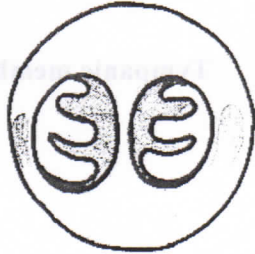
	RE	LE
Lids and Lashes		
Conjunctiva		
Cornea		
Pupil		
Anterior Chamber		
Lens		
Tonometry		
Patency test		

Visual acuity		
D/V:	B/C	
	P/H	
	A/C	
N/V:	B/C	
	A/C	
Ophthalmoscopy		
Media		
G/F		

Nasa parikshā (Examination of nose and Para nasal sinuses):

Inspection

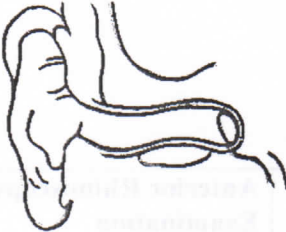
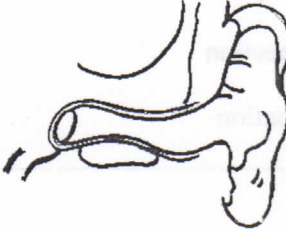
Palpation

	Anterior Rhinoscopy Examination	
Septum		
Mucosa		
Turbinate		
Discharge		
Other(FB, polyp, cyst, tumour)		
Posterior Rhinoscopy Examination		

Karna parikshā (Examination of Ear):

	Rt. Ear	Lt. Ear
Pinna		

Autoscopy-

	Rt. Ear	Lt. Ear
External auditory canal		

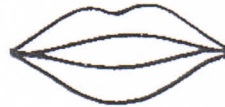
	Rt. Ear	Lt. Ear
Tympanic membrane		

Tuning fork Examination

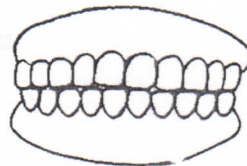
	Rt. Ear	Lt. Ear
Rinne Test		
Weber Test		
ABC Test		

Audiometry

Mukha parikshā (examination of oral cavity):



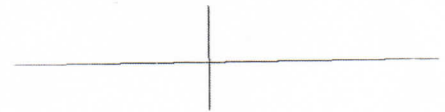
Oshtha



Dantamool



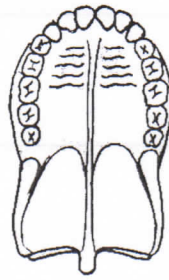
Danta



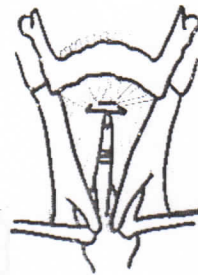
Jihvā



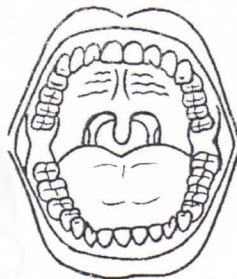
Tālu



Kantha



Sarvasar



Vishesh parikshan (Special investigation):

Prayogashaliya parikshana (Laboratory investigation):

Blood

Urine

Stool

Ksha-Kiran ityadi parikshana(Radiological investigation):

Nidān Panchak:

Nidān	
Purvarupa	
Rupa	
Upashaya-Anupashay	
Samprāpti	
Dosha	
Dushya	
Srotasa	
Srotodushti prākār	
Rogamārga	
Adhishthāna	
Sadhyāsādhyatā	

Sambhavita vyādhi (Provisional diagnosis):

Sāpeksha nidān (differential diagnosis):

Vyādhi Vinishchaya (final diagnosis):

Sāmānya Chikitsā Vyavasthā: (Samanya chikitsa siddhant)

Vishishta chikitsā (Shashtra karma, Anushastra karma, Kriyākalpa, Upkram ityādi):

Vishishta chikitsā vidhi:

Required medicines:

Required instruments:

- Poorvakarma :

- Pradhānakarma :

- Paschātakarma :

- Instruction:

Vishishta chikitsājanya upadrava:

Dainik chikitsā vivarana:

Tithi (Date)	Lakshana (Signs & Symptoms)	Chikitsā (Treatment)

	Pathya	Apathya
Ahār		
Vihār		

Parinām(Result):

Signature of student

Signature of teacher