

**The following guide lines should be following at the time of printing of practical record book.**

1. Practical record journal should be prepared Separate for Rasa Shastra and Bhaishajya Kalpana practicals.
2. Name of the concern college should be added in proper place which mark as name of the college.
3. Cover page should be printed in hard materials.
4. First page of record book should be certificate page.
5. In index minimum two pages for each Rasa Shastra and Bhaishajya Kalpana practicals record book.
6. In practical proforma should be started from right side as given in the model of proforma(page no 1 to 2). 3<sup>rd</sup> page should be for verse and diagrams, 4th page should be left as blank for any other extra work of concern practical.
7. Minimum 25 proforma should be required for Rasa Shastra practical record book and minimum 36 proforma should be required for Bhaishajya Kalpana practical record book.

**Name of the college**



**GUJARAT AYURVED UNIVERSITY  
Jamnagar**

**Department of  
Rasa Shastra & Bhaishajya Kalpana**

**Practical journal: Rasa Shastra / Bhaishajya Kalpana**

**Name of the student :**

**Roll No. :**

**Examination No. :**

-----Name of the college-----

**Gujarat Ayurved University**  
Jamnagar-361008 (Gujarat)

### Certificate

This to certify that the following practical Journal of Rasa Shastra & Bhaishajya Kalpana embodies the outcome of original practicals performed by \_\_\_\_\_.

These practicals have been carried out as per BAMS 2<sup>nd</sup> year syllabus in the departmental laboratory of Rasa Shastra & Bhaishajya Kalpana during the academic year of \_\_\_\_\_.

Total no. of practicals done \_\_\_\_\_ out of \_\_\_\_\_.

The above all practicals are done under supervision of me / us.

**(Signature of Teacher)**

**(Signature of Head)**

**Dept. of RS&BK**

-----Name of college-----

**Date:**

**Signature of examiners:**

1. \_\_\_\_\_

2. \_\_\_\_\_





# Rasa Shastra & Bhaishajya Kalpana

-----Name of the college-----

Gujarat Ayurved University, Jamnagar

Practical No. :

Date of starting :

Name of the Practical:

Date of completion :

Reference :

Principle :

Aim of the practical :

Equipments :

Ingredients :

Sr.No.	Name of the ingredients	Latin Name /English name	Part used	Quantity

Method of preparation:

**Observations:**

**Confirmative test (CDC):**

**Precautions:**

**Results:**

<b>Organoleptic test:</b> <i>Shabda</i> <i>Sparsha</i> <i>Rupa</i> <i>Rasa</i> <i>Gandha</i>		<b>Total duration required :</b> <b>Initial weight :</b> <b>Final weight :</b> <b>Loss/ gain in weight :</b> <b>Reason of loss/ gain in wt. :</b>
<b>Guna :</b> <b>Vipaka</b>	<b>Veerya:</b>	<b>Therapeutic Dose :</b> <b>Anupana :</b>

**Karma :**

**Therapeutic use:**

**Discussion:**

**(Student signature)**

**(Teacher signature)**

**Verse & Diagrams:**