

Gujarat Ayurved University , Jamnagar

Name of college.....

Streeroga(Gynaecological) Examination Form

PARTICULARS OF THE PATIENT:

Name:

Sr. No.

Age:

Date:

Caste:

OPD No.

Religion:

IPD No.

Address:

Bed No. :

D.O.A.:

D.O.D.:

Occupation:

Diagnosis:

Education:

Result:

Socio-economic Status:

Marital Status:

PRASHNA PARIKSHANA (HISTORY):

Chief Complaint (with Duration):

History of Present illness (Origin, duration and progress):

Past History

Medical History:

Surgical History

Family History (If any specific related illness):

Menstrual History: Age of menarche(FMP):

Present Menstrual Cycle: Regular / Irregular
Duration Interval
Quantity
Colour Odour Painful/Painless
Character of flow: watery/clots//other

L.M.P. :

Marital History: Duration of marriage H/O previous marriage

Coital History: Frequency of intercourse Dyspareunia: present/ absent

Obstetric History:

G (Gravida) - P (Parity) - A (Abortion) - L (Live) - D (Death)-

Male Female

Total Delivery: Full term Preterm

Nature of Delivery:

Normal Instrumental Surgical (LSCS)

Last Abortion:

Last Delivery:

Contraceptive History:

Personal history:

1) Diet (Type and Quantity)

Mixed/Veg -

Details of dietary articles -

2) Addiction- Tea / coffee/ tobacco chewing/ smoking/ alcohol/ other

Quantity ____ / day Duration____ Yrs.

3) Sleep

4) Dreams

5) Rest

6) Urination

7) Defecation

8) Flatus

GENERAL EXAMINATION:

Built: Obese/ Average/ Thin

Nutrition: Good/ Average/ Poor

Tongue: Eyes: Teeth and Gums: Specific:

Weight: kg Height: cm

Vital Data:

Pulse: /min. RR: /min. BP: /mm Hg. Temp.: /°F HR: /min.

Prakriti Examination: Sareerika
Manasika

Shadanga Parikshana: Inspection: Palpation: Auscultation:

Shirah Griva (Head & Neck) -

Madhya Sharira(Trunk)- Chest
Abdomen
Breast

Hasta Pada - (Extremities)-

YONI PARIKSHANA (PER VAGINAL EXAMINATION):

Inspection/ speculum (P/S) examination:

Aavarta Appearance Discharge Specific

1st Aavarta: External genitalia

Vagina

2nd Aavarta (Cervix):

Palpation (P/V examination):

1st Aavarta: Vagina

4. E.B. (Endometrial Biopsy) -
5. FNAC -
6. Vaginal Smear / Culture –
7. Pap test
8. U.S.G.
9. Blood Examination Hormonal (Specific) –
10. Laparoscopic / Hysteroscopy examination –

Semen analysis:

Samprapti Vivechana (Etiopathogenesis) :-

Dosha Lakshana -	Vata - Pitta - Kapha-
Dushya Lakshana -	Rasa - Rakta - Mansa - Meda - Asthi - Majja - Shukra
Upadhatu -	Stanya - Aartava -
Mala lakshana -	Mala - Mutra - Sweda –

Strotas -

Stroto Vaigunya - Atipravrutti / Sanga / Vimargagamana / Shirajagranthi

Nidana Panchaka: -

Nidana (Etiological factors)

Purvarooopa (Premonitory sign and symptoms):-

Roopa (Cardinal sign and symptoms):-

Upashaya/Anupshaya (Aggravating and relieving factors):-

Samprapti(Pathogenesis):-

Upadrava (Complications):-

Sadhyaasadhyatva (Prognosis):-

Sapeksha Nidana (Differential Diagnosis):

- Concerned/Related Diseases-
- Provisional diagnosis-
- Final diagnosis-

Chikitsa Sutra (Line of Treatment):-

Bahya (External)-

Abhyantara (internal)-

Shodhana: (Biopurification)

Shamana: Pacification

Treatment given:

Date	Symptoms	Treatment with Anupana, Kala and Matra	
		Aabhyantara (Internal)	Sthanika (Local)

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Pathya-apathya (Do's and Dont's)

Pathya- Ahara(diet)-

Vihara (activities)-

Apathya- Ahara (diet)

Vihara (activities)-

Signature of Student

Signature of Teacher