

Gujarat Ayurved University , Jamnagar

Name of college.....

Prasuta Parikshana (Postnatal Examination)

PARTICULARS OF THE PATIENT:

Name:

SR. No.

Age:

DATE:

Caste:

OPD NO.

Religion:

IPD NO.

Address:

Bed No. :

D.O.A.:

D.O.D.:

Occupation:

Diagnosis:

Education:

Result:

Socio-economic Status:

Marital Status:

Pradhana Vedana (Chief complaint):

Prashna Pariksha(History) :

Prasava Itivritta (History of labour):

Time of onset of labour:

Interval between Two Contractions:

Duration of Contraction:

Frequency of defecation:

Frequency of Urination:

Vaginal Discharge:

Any Specific:

Asannaprasava Lakshana:

General Examination:

Built: Obese/ Average/ Thin

Nutrition: Good/ Average/ Poor

Tongue:

Eyes:

Nail:

Oedema of Legs:

Specific:

Weight: kg.

Height: cm.

VITAL DATA:

Pulse: /min. RR: /min. BP: /mm Hg. Temp.: /°F HR: /min.

OBSTETRICAL EXAMINATION:**Abdominal Examination(P/A):-**

F.H. -

F.M. -

F.H.S. -

Position -

Presenting part:

Lie (Garbha Shayana)

Per Vaginal Examination (P/V):-

Discharge –

Cervix: Dilatation of internal os -

Effacement -

Status of Membrane - Intact / Ruptured / Bulging / Leaking

Presenting part and its position-

Station of foetal Head- -5, -4, -3, -2, -1, 0, +1, +2, +3, +4, +5

Internal Pelvimetry :-

Pelvis Measurement - Adequate / Inadequate

Time of Membrane Rupture:

Amount

Colour

Time of Expulsion of Fetus:

Sings & Symptoms of Placenta Separation:

Time of Expulsion of Placenta:

Duration of Labour:

1st Stage -

2nd Stage -

3rd Stage -

Labour: Normal / Abnormal

Live / Dead

Cause:

Age:

Male / Female / Twins / Abnormal

Placental Examination:

Normal / Abnormal

Colour

Weight

Complete / Incomplete

Diameter

Length of Umbilical Cord

Other Abnormalities

Sadhya Prasuta Examination:

(1) Perineum - Normal

Abnormal

Tear

--> Spontaneously / Artificial

(2) Amount of Vaginal Bleeding – Less / Moderate / Excessive

PPH- present/ absent

(3) Abdominal Examination - Height of uterus

Shape

Touch – Hard / Soft

Daily Sutika Examination:-

Date	Uterine involution	Lochia	Breast milk	Pulse	B.P.	Temp.	Urination	Defecation

Neonatal Examination:-**APGAR SCORE:**

Cry -

Colour -

Muscle tone-

Respiration Rate -

Strength –

General Examination:-

Wt. of Baby -

Length-

H.C. –

Nose-

Ear-

Eyes-

Palate-

Mouth-

Extremities-

Other Specific Abnormalities:-

Anus-

Urinary Meatus-

Head-

Line of Treatment of Sutika :- (1) External -

(2) Internal –

Sutika Paricharya:-

Date	Symptoms	Treatment with Anupana, Kala and Matra	Pathyapathya

Stanya (Breast Milk) Examination: -

Time of onset of breast milk:

Lakshana of Suddha Stanya:

Lakshana of Dushta Stanya:

Vata Vitiated-

Pitta Vitiated-

Kapha Vitiated-

Sannipatik Vitiated-

Daily Neonatal Examination and Treatment:-

Date	Lakshana	Treatment	Specific Paricharya

Specific Treatment / Surgery etc.

Mother:

Baby:

Signature of Student

Signature of Teacher