

GUJARAT AYURVED UNIVERSITY, JAMNAGAR

AYURVEDACHARYA-(B. A. M. S.)

THIRD PROFESSIONAL EXAMINATION : MARCH-2023

SWASTHAVRITTA - PAPER – I

Date : 27/03/2023
Monday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION - A

- 1 Explaining aims and importance of Dinacharya; describe Snana in detail. 10
2. Answer any one question. 10
 - (A) Enlisting the characteristics of Visarga Kala; describe Sharada Rutucharya in detail.
 - (B) Mentioning the names of Ahara Vidhi Visheshayatana; describe any four of them in detail.
3. Answer any four questions. 20
 - (A) Write Short Note on: Swastha
 - (B) Write Short Note on: Achara Rasayana
 - (C) Explain the stanza in detail: इष्टे देशे इष्ट सर्वोपकरणम् भुञ्जीत ।
 - (D) Write Short Note on: Types of Nidra
 - (E) Write Short Note on: Brahmacharya
4. Answer any five questions. (two to three sentences) 10
 - (A) What is meant by Aarogya ?
 - (B) Enlist the benefits of Ushnisha Dharana.
 - (C) Write down any four causes of Karshya.
 - (D) Which disorders are caused by Fat deficiency ?
 - (E) Mention any four contra-indicated food articles in Diabetes Mellitus.
 - (F) Which are Vachika Dharaniya Vega ?

SECTION – B

5. Enlisting characteristics, functions and therapeutic utility of Vayu Tattva; describe Local massage in detail. 10
6. Answer any one question. 10
 - (A) Defining Pranayama; describe Nadi Shodhana in detail.
 - (B) Enlisting Shatkarma; describe Kapalabhati in detail.
7. Answer any four questions. 20
 - (A) Write Short Note on: Makarasana
 - (B) Write Short Note on: Yama
 - (C) Explain the stanza in detail: वृत्तयः पंचतय्यः क्लिष्टाक्लिष्टाः ।
 - (D) Write Short Note on: Heliotherapy.
 - (E) Write Short Note on: Hasta Parisheka Snana.
8. Answer any five questions. (two to three sentences) 10
 - (A) Define Pratyahara.
 - (B) What is Suryabhedana ?
 - (C) Enlist Ashta Siddhi.
 - (D) What is Jala Chikitsa ?
 - (E) Give four examples of alkaline diet.
 - (E) Enlist types of Mardana.

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THIRD PROFESSIONAL EXAMINATION : MARCH-2023

SWASTHAVRITTA - PAPER – II

Date : 28/03/2023
Tuesday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION – A

- 1 Defining Janapadoddhvansaka Vikara; explain its prevention in detail. 10
2. Answer any one question. 10
 - (A) Mentioning the importance of excreta disposal; describe Sewage treatment in detail.
 - (B) Describe Tetanus prevention in detail.
3. Answer any four questions. 20
 - (A) Write short note on “Modes of transmission of infection”
 - (B) Write short note on “Immunization”
 - (C) कुष्ठं ज्वरश्च शोषश्च नेत्राभिष्यंद एव च ।
औपसर्गिक रोगाश्च संक्रामन्ति नरात्ररम् ॥ Explain the stanza in detail.
 - (D) Write short note on “Electric cremation for dead body disposal”
 - (E) Write short note on “ESI act”
4. Answer any five questions. (two to three sentences) 10
 - (A) Define non-communicable epidemic.
 - (B) What is land pollution ?
 - (C) Enlist any four methods for prevention of mobile phone radiation.
 - (D) What is Bio-medical waste ?
 - (E) Define climate.
 - (F) What is Epidemiological triad ?

SECTION – B

5. Enlisting elements of primary health care; describe Village Health Guide in detail. 10
6. Answer any one question. 10
 - (A) Describe NUHM in detail.
 - (B) Describe National Diabetes Control Program.
7. Answer any four questions. 20
 - (A) Write short note on “Rural hospital”
 - (B) Write short note on “UNICEF”
 - (C) Write short note on “Morbidity & Mortality rates”
 - (D) Write short note on “Midday meal program”
 - (E) Write short note on “Physical methods of contraception”
8. Answer any five questions. (two to three sentences) 10
 - (A) What are the elements of PHC ?
 - (B) Define ‘cold chain maintenance’.
 - (C) What is post coital IUD insertion ?
 - (D) What is SIDA ?
 - (E) What is the schedule of BCG vaccination ?
 - (F) Enlist problems of elderly people.

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THIRD PROFESSIONAL EXAMINATION : MARCH-2023

PRASUTI TANTRA & STRIROGA - PAPER – I

Date : 29/03/2023
Wednesday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION – A

- 1 Detail the female pelvis including of its Types, bones, joints, diameters and obstetric importance. 10
2. Answer any one question. 10
 - (A) Describe Garbhavkranti with Ayurvedic and Modern view.
 - (B) Write the Diagnosis of pregnancy according to Ayurveda and modern view
3. Answer any four questions. 20
 - (A) Describe Pumsavan karma and write the method of same.
 - (B) Describe Rh-incompatibility.
 - (C) ध्रुवं चतुर्णां सान्निध्याद्गर्भः स्याद्विधिपूर्वकम्।
ऋतुक्षेत्राम्बुबीजानां सामग्र्यादङ्कुरो यथा explain sloka
 - (D) Describe Garbhasayasthe Garbhasthiti.
 - (E) Describe Gestational Diabetes.
4. Answer any five questions.(two to three sentences) 10
 - (A) List the investigations during pregnancy.
 - (B) What is Garbhini Makkala?
 - (C) Give the Definition of threatened abortion.
 - (D) List the Causes of A.P.H.
 - (E) Explain Kikkisa.
 - (F) What is the AFI?

SECTION – B

5. Describe the various methods of Krutrim Prasava(Instrumental delivery) write any one in detail. 10
6. Answer any one question. 10
 - (A) What is Muda Garbha? Describe its different types, Gatis and Chikitsa.
 - (B) Write definition of stages of labour in detail. Mention names of drugs and instruments to be collected in Sutikagara and nursing home.
7. Answer any four questions. 20
 - (A) Describe the Episiotomy in detail.
 - (B) Describe the Foetal distress.
 - (C) अथः सुतिकां बलतैलाभ्यक्तम् वातहरौषधनिष्कवाथेनोपचरेत्।” Explain it
 - (D) Describe Puerperal pyrexia.
 - (E) Describe C.P.D.
8. Answer any five questions. (two to three sentences) 10
 - (A) What is Sub involution of the uterus?
 - (B) What is Lochia?
 - (C) What is Version?
 - (D) Write the drugs used in Aparasanga.
 - (E) Write the causes of P.P.H.
 - (F) What is the Amniotic fluid Embolism?

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THIRD PROFESSIONAL EXAMINATION : MARCH-2023

PRASUTI TANTRA & STRIROGA - PAPER – II

Date : 31/03/2023

Friday

Time : 9:30 a.m. to 12:30 p.m.

Marks : 100

Instructions : All the questions are compulsory.

SECTION - A

1. Describe types of vandhyatva and its investigation w.s.r. to ovary, uterus and fallopian tube in detail. 10
2. Answer any one question. 10
 - (A) Define Artavavidhi, Describe Nidan, lakshana, samprapti & Chikitsa of Asrigdara.
 - (B) Describe the causes, symptoms, investigations and treatment of Maha Yonivyapada as per Ayurved and modern science.
3. Answer any four questions. 20
 - (A) Yoniarsha – nidan, laxan & chikitsa.
 - (B) Upapluta yonivyapada.
 - (C) Describe preventive measures for HIV /AIDS.
 - (D) Explain - दोषैरावृ तमार्गत्वादार्तवनश्यति स्त्रियाः।
 - (E) Write benefits and risks of HRT.
4. Answer any five questions.(two to three sentences) 10
 - (A) Hypomemorrhoea
 - (B) Causative factor of endometriosis
 - (C) Write common treatment of Granthi in Streeroga.
 - (D) What is CIN?
 - (E) What is artificial menopause?
 - (F) What is BBT?

SECTION – B

5. Explain Garbhnirodhak upaya with Ayurveda and modern point of view. 10
6. Answer any one question. 10
 - (A) Describe indications, contraindications and method of Uttarabasti with its Poorvakarma, Pradhanakarma and Paschatakarma.
 - (B) Write the indications and procedure of PAP smear.
7. Answer any four questions. 20
 - (A) Record keeping and its importance in streeroga and prasuti tantra.
 - (B) Write the interpretation of endometrial biopsy report.
 - (C) Explain - ...रक्तं मांसञ्च सन्दूष्य स्तनरोगाय कल्पते ॥
 - (D) Describe Garbhapala Rasa with their Matra, Kala, Anupana and Indication.
 - (E) Discuss the MTP Act.
8. Answer any five questions.(two to three sentences) 10
 - (A) Importance of national programme.
 - (B) Yoni Dhavan.
 - (C) Write uses of Ring Pessary.
 - (D) Write indications of loop.
 - (E) Write indication of Mithyle dopa.
 - (F) Define colposcopy.

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THIRD PROFESSIONAL EXAMINATION : MARCH-2023

CHARAK SAMHITA- UTTARARDHA

Date : 01/04/2023
Saturday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION - A

1. Describe the *Jwara Chikitsa Adhyaya* under following headings: 10
a. *Apathya* in *Nava Jwara* b. Utility of *Langhana* c. *Jeerna Jwara Chikitsa*
2. Answer any two questions. 20
(A) Explain the *Vatashonita Chikitsa* as described in the *Charaka Samhita*.
(B) Describe the *Sadhyasadhyata* of *Raktapitta* and explain its *Chikitsa*.
(C) Describe the *Grahanidosha Chikitsa Adhyaya* under these headings:
(i) *Vataja Grahani Lakshana*
(ii) Utility of *Takra* in *Grahani Chikitsa*
(iii) *Avasthiki Chikitsa* in *Grahani Roga*
3. Answer any four questions. 20
(A) Write a note on *Sarva Vata-Vikara* (सर्व वातविकार) *Chikitsa*.
(B) Explain the *Kaphaja Madatyaya Chikitsa*.
(C) Explain the stanza in detail.
विद्यासमाप्तौ ब्राह्मं वा सत्त्वमार्षमथापि वा | ध्रुवमाविशति ज्ञानात्तस्माद्द्वैघो द्विजः स्मृतः ||
(D) Explain the twenty four *Visha Upakrama*.
(E) Describe the *Raktatisara Chikitsa*.
4. Answer any five questions. (two to three sentences) 10
(A) Name the two varieties of *Tamaka Shwasa*.
(B) Define *Samashana* (समशन).
(C) Name the *Rogadhikara* of *Ashtakatvar Tailam* (अष्ट कट्वर तैलम्).
(D) Write the indications of *Pushyanuga Churnam* (पुष्यानुग् चूर्णम्).
(E) Name the *Rogadhikara* of *Maayur Ghritam* (मायूर घृतम्).
(F) Define *Vajikarana*

SECTION - B

5. Answer any one question. 10
(A) Name the thirteen varieties of *Mutradosha* (मूत्रदोष) and explain the *Mutrajathar* (मूत्र जठर) *Chikitsa*.
(B) Why is *Basti Chikitsa* famous as *Chikitsardha* (चिकित्सार्ध)? Explain.
6. Answer any four questions. 20
(A) Write the characteristics of *Matravat* (मात्रवत्) *Aushadha*.
(B) What are the two types of *Trivrit*? Explain their utility in *Virechana*.
(C) Explain the stanza in detail.
तीक्ष्णो मध्यो मृदुर्व्याधिः सर्वमध्याल्पलक्षणः | तीक्ष्णादीनि भिषक् तेषु बलापेक्षी प्रयोजयेत् ||
(D) Describe the *Prayog Vidhi* of *Madanphala*.
(E) Write a note on the *Ashtamahadoshakara Bhava* (अष्ट महादोषकर भाव).
7. Answer any five questions. (two to three sentences) 10
(A) Define the *Uddesha* and *Nirdesha Tantrayukti*.
(B) What is the role of *Dridhabala* in *Charaka Samhita*?
(C) Name the useful part of *Tilvaka*.
(D) What is the use of the *Madhya Snehapaka* (मध्य स्नेहपाक)?
(E) Why is the left-lateral (वामपार्श्व) position preferred for the *Basti*?
(F) Name the first chapter of the *Siddhi Sthana*.

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THIRD PROFESSIONAL EXAMINATION : MARCH-2023

KAUMARBHRITYA - BALROGA

Date : 03/04/2023
Monday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION - A

- 1 Explain stanza:सुखं दुखं हि बालानां द्रश्यते लेहनाश्रयम् ... Describe indication and contraindication of Lehana and write any five Lehana Yoga. 10
2. Answer any one question. 10
 - (A) Describe Pranapratyagaman vidhi (Ayurved view and Modern View) in detail.
 - (B) Explain scientific contribution of Kashyapa Samhita in the field of Kaumarbhritya.
3. Answer any four questions. 20
 - (A) Write a note on : Upveshana Samskara
 - (B) Describe Stanya Sampat.
 - (C) What is Stanya-Piyush (Colostrum)? Write its Importance.
 - (D) Write any five Stanya vardhana Upakrama (methods to enhance breastmilk formation).
 - (E) Write classification of Newborn babies according to Birth Weight.
4. Answer any five questions. (two to three sentences) 10
 - (A) Give Definition of Preterm Baby.
 - (B) What is clinical importance of MUAC (mid upper arm circumference) measurement?
 - (C) Dose and route of administration of BCG vaccine.
 - (D) Write names of Primary (deciduous) teeth.
 - (E) Write names of Ashta stanya Dosha.
 - (F) What is the clinical importance of HC (head circumference) measurement?

SECTION - B

5. What is Phakka? Describe its types and treatment in detail. 10
6. Answer any one question. 10
 - (A) What is Prasav kaleena abhighat? Describe Upashirshaka (caput succeedaneum and cephalohematoma) and Erb's palsy in detail.
 - (B) Describe Samanya chikitsa sidhanta (General principles of treatment) in children.
7. Answer any four questions. 20
 - (A) Describe genetic inheritance pattern in Beta thallasemia.
 - (B) Write a note on: Down syndrome.
 - (C) Write a note on: of Vitamin A Deficiency.
 - (D) Write a note on: Measles.
 - (E) Write a note on: Shayyamutra (Bedwetting).
8. Answer any five questions. (two to three sentences) 10
 - (A) What is Hasta sweda (हस्त स्वेद)?
 - (B) What is Ahiputana?
 - (C) What is Flag Sign?
 - (D) What is Gowers sign?
 - (E) Write ingredients and indication of Balchaturbhadra churna.
 - (F) What is Physiological Jaundice?

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THIRD PROFESSIONAL EXAMINATION : MARCH-2023

AGADTANTRA, VYAVAHAR-AYURVED EVUM VIDHIVAIDYAK

Date : 05/04/2023
Wednesday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION - A

- 1 Write the Lakshana, Bheda, Chikitsa and Sadhyasadyata of Arsenic Poison (contemporary and classical views). 10
2. Answer any one question. 10
 - (A) Explain Charakokta Chaturvimshati Upkrama with General principles of Management of Poisoning.
 - (B) Elaborate the concept of Viruddhahara along with contemporary significance of Food Poisoning.
3. Answer any four questions. 20
 - (A) What is Environmental Toxicology?
 - (B) Define Toxicology, with modern classification of Poison.
 - (C) Define Achushan Upkrama (Treatment Modality).
 - (D) What is difference between Visha, Madya and Oja Guna?
 - (E) Write about Visha Utpatti.
4. Answer any five questions. (two to three sentences) 10
 - (A) Give two examples and fatal doses of Tranquillizers?
 - (B) What is the fatal dose & fatal period of Aconitum Ferox?
 - (C) Which are the different Routes of administration of Poison (any four)?
 - (D) What is the difference between Gara Visha and Dooshi Visha (any two)?
 - (E) Write about Visha Gati.
 - (F) Write about toxic effects of Mercury Poison.

SECTION - B

5. Describe Abortion in terms of definition, its types, and methods of legal abortion. 10
6. Answer any one question. 10
 - (A) Explain procedure of postmortem and its significance.
 - (B) Describe late signs of death.
7. Answer any four questions. 20
 - (A) Give brief account of MTP Act.
 - (B) DNA Profiling.
 - (C) Write difference between Rigor mortis and Cadaveric spasm.
 - (D) Difference between male and female skeleton(any five points).
 - (E) Define – Medical Jurisprudence and Forensic Medicine
8. Answer any five questions. (two to three sentences) 10
 - (A) Write types of Violent Asphyxial death.
 - (B) What is Livor Mortis and its significance?
 - (C) Write any two differences between Strangulation and Hanging.
 - (D) Define Infertility and Sterility.
 - (E) What is Subpoena (Summons)?
 - (F) What is Exhumation?

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THIRD PROFESSIONAL EXAMINATION : MARCH-2023

ROGA NIDANA - PAPER – II

Date : 06/04/2023
Thursday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION - A

1. Write detail the Nidana, Smaprapti, Purvarupa, Lakshana and types of Pandu Roga. 10
2. Answer any one question. 10
 - (A) Explain Prameha Purvarupa, Samprapti, types and Lakshana.
 - (B) Explain in detail about Vatarakta Nidana, Samprapti, Lakshana and Bheda.
3. Answer any four questions. 20
 - (A) Hridaroga Nidana and Upadrava.
 - (B) Explain Nidana, Puravarupa and Sadhyasadyata of Raktapitta.
 - (C) गृहीत्वार्धं तनोर्वायुः सिराः स्नायूर्विशोष्य च ।
..... चिदन्ये पक्षवधं विदुः ॥ Explain it.
 - (D) Explain Kshudrakushtha.
 - (E) Explain causes of male and female infertility.
4. Answer any five questions.(two to three sentences) 10
 - (A) Mention Jwaramukta lakshana.
 - (B) Samanya lakshana of Vicharchika.
 - (C) Write Gridhrasi lakshana.
 - (D) Kitibha Kushtha Lakshana.
 - (E) Write a short note on Hepatomegaly.
 - (F) Karshya Lakshana.

SECTION – B

5. Describe Nidana Panchaka of Grahani Roga in details. 10
6. Answer any one question. 10
 - (A) Write definition, classification and features of Krimi Roga in detail.
 - (B) Explain Rajyakshama in detail.
7. Answer any four questions. 20
 - (A) Describe Santamaka and Pratomaka Swasa.
 - (B) Explain Raktaja Gulma.
 - (C) Write about Nidana and Smaprapti of Ashmari Roga.
 - (D) अजीर्णः मलिनैश्च अन्नैः जायन्ते मलसंचयात् । Explain it.
 - (E) Write Apasmara Hetu and Samprapti.
8. Answer any five questions.(two to three sentences) 10
 - (A) Types of Mutraghata.
 - (B) Annaj Hikka.
 - (C) Mention types of Trishna Roga..
 - (D) Write Palitya Samprapti.
 - (E) Anxiety Neurosis.
 - (F) Write the types of Phiranga.

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AYURVEDACHARYA-(B. A. M. S.)

THIRD PROFESSIONAL EXAMINATION : MARCH-2023

ROGA NIDANA - PAPER – I

Date : 05/04/2023
Wednesday

Time : 9:30 a.m. to 12:30 p.m.
Marks : 100

Instructions : All the questions are compulsory.

SECTION - A

1. Explain in detail the importance of Roga Nidana and Vikruti Vijnana in current clinical practice. 10
2. Answer any one question. 10
 - (A) Define Vyadhi, its synonyms and classification in detail.
 - (B) Write the Vrudhi and Kshaya Lakshanas of Tridoshas and Saptadhatus.
3. Answer any four questions. 20
 - (A) Explain Ashraya Ashrayee Bhava of Dosha and Dushya.
 - (B) Describe Nidanarthakara Roga and Vyadhi Sankara.
 - (C) तानि दुष्टानि रोगाय विशुद्धानि सुखाय च । ... Explain it.
 - (D) Write ICD classification of diseases of WHO.
 - (E) Explain Rogamarga and Doshagati.
4. Answer any five questions.(two to three sentences) 10
 - (A) Sama Purisha Lakshana.
 - (B) Write synonyms of Srotas.
 - (C) Describe the signs of Inflammation.
 - (D) Write Oja Visramsas Lakshanas.
 - (E) Srotodushti Samanya Nidana.
 - (F) What is infarction?

SECTION – B

5. Describe Dashavidha Pareeksha and its clinical utility in detail. 10
6. Answer any one question. 10
 - (A) Define Kriyakala and explain the role of Kriyakala in the manifestation of disease.
 - (B) Define Arishta and explain its types in detail.
7. Answer any four questions. 20
 - (A) Difference between Roga and Rogi pareeksha.
 - (B) Write about Sannikrista Hetu and Vyabhichari Hetu.
 - (C) स्थानसंश्रयिण कृद्धा भाविव्याधि बोधकम् । ... Explain this stanza in detail.
 - (D) Explain Mala Pareeksha in detail.
 - (E) Define Samprapti and explain its types.
8. Answer any five questions.(two to three sentences) 10
 - (A) Write the synonyms of Hetu.
 - (B) Write the utility of ECG in diagnosis.
 - (C) What is Taila Bindu Pareeksha?
 - (D) Define Upadrava.
 - (E) Write utility of CT Scan in diagnosis.
 - (F) Define Prashna Pareeksha.
