

Gujarat Ayurved University , Jamnagar

College Name:_____

Streeroga(Gynaecological) Examination Form

PARTICULARS OF THE PATIENT:

Name:

Sr. No.

Age:

Date:

Cast:

OPD No.

Religion:

IPD No.

Address:

Bed No. :

D.O.A.:

D.O.D.:

Occupation:

Diagnosis:

Education:

Result:

Socio-economic Status:

Marital Status:

PRASHNA PARIKSHANA (HISTORY):

Chief Complaint (with Duration):

History of Present illness (Origin, duration and progress):

Past History

Medical History:

Surgical History

Family History (If any specific related illness):

Menstrual History: Age of menarche :

Present Menstrual Cycle: Regular / Irregular (Delayed/Early)
Duration Interval
Quantity
Colour Odour Painful/Painless
Character of flow: watery/clots//other

L.M.P. :

Marriage Life:

Obstetric History:

G (Gravida) - P (Parity) - A (Abortion) - L (Live) - D (Death)-

Male

Female

Total Delivery

Nature of Delivery:: Full term Preterm Post term
Normal Instrumental Surgical (LSCS)

Last Abortion:

Last Delivery:

Coital History: Frequency of intercourse Dyspareunia: present/ absent

Contraceptive History:

Personal history:

1) Diet (Type and Quantity)

Mixed/Veg -

Details of dietary articles -

2) Addiction- Tea / coffee/ tobacco chewing/ smoking/ alcohol/ other

Quantity _____ / day Duration_____ Yrs.

3) Appetite

4) Sleep

5) Urine

6) Stool

Stanyavaha Strotas Parikshana (Breast Examination):

Breast:	Right	Left
Size:		
Shape:		
Consistency:		
Discharge:		
Nipple:		

Lymph Node Examination:

General Investigation:

Blood	Urine	other
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Specific Investigations:

1. Garbha Vinishchaya (UPT) –
2. Ovulation Study -
3. H.S.G. / S.S.G. -
4. E.B. (Endometrial Biopsy) -
5. FNAC -
6. Vaginal Smear / Culture –
7. Pap test
8. U.S.G.
9. Blood Examination Hormonal (Specific) –
10. Laparoscopic / Hysteroscopy examination –

Semen analysis: Total Count:

Actvely motile:	Sluggish motile:	Non motile:
Abnormality: Head	Body	Tail
Pus cell:		

Samprapti Vivechana (Etiopathogenesis):-

(Symptoms present in patient during clinical examination or investigation)

Dosha Lakshana - Vata -
Pitta -
Kapha-

Dushya Lakshana - Rasa -
Rakta -
Mansa -
Meda -
Asthi -
Majja -
Shukra

Upadhatu - Stanya -
Aartava -

Mala lakshana - Mala -
Mutra -
Sweda –

Strotas

Stroto Vaigunya - Atipravrutti / Sanga / Vimargagamana / Shirajagranthi

Nidana Panchaka

Nidana (Etiological factors)

Purvarooopa (Premonitory sign and symptoms)

Roopa (Cardinal sign and symptoms)

Upashaya/Anupshaya (Aggravating and relieving factors)

Samprapti(Pathogenesis)

Upadrava (Complications)

Sadhyaasadhyatva (Prognosis)

Sapeksha Nidana (Differential Diagnosis)

Chikitsa Sutra (Line of Treatment)

Bahya (External)

Abhyantara (internal)

Shodhana: (Biopurification)

Shamana: Pacification

Treatment given:

Date	Symptoms	Treatment	
		Aabhyantara (Internal) with Anupana, Kala and Matra	Sthanika (Local)

Pathya-apathya (Do's and Dont's)

Pathya- Ahar (diet)

Vihara (activities)

Apathya- Ahara (diet)

***Vihara* (activities)**

Signature of Student

Signature of Teacher